

Errol's Adventures

Will the real _____ please
stand up!!

This activity sheet is all about your who you really are. Errol is a very even-tempered young mouse. He hardly ever gets mad at his friends and he's rarely in a bad mood. But when he does get mad sometimes he goes outdoors and kicks old leaves around. Do you have good days and bad days? Everybody does. . . .

Fill in the blanks.

I always _____ to turn my bad mood into a good mood
because _____

Once _____
It really frightened me.

When I'm excited,
I _____

Two things that really make me sad are:

The last time I was disappointed was
when _____

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I _____
_____ to make myself feel better.

Two things that really make me mad are:

1. _____

2. _____

What do you do when you are mad?
